

# Amanda Salter

## Occupational Therapist & Vocational Consultant

### Contact

mandysalter@independentOT  
Services.onmicrosoft.com

07788675801

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### Education

Coventry University

2000 – 2003

BSc (Hons)

Occupational Therapy

2:1

Sheffield Hallam University

September 2021

Advancing Neurological

Practice

Masters Module Pass

### Professional Qualifications

PRPP Occupational  
performance

Motivational Interviewing

Acceptance and commitment  
therapy focus

Health Coaching

Quality, Service Improvement  
and Redesign

### Objective

Working across the NHS and private practice for 20 years, Health Care Professions Council (HCPC) registered and professional member of the vocational rehabilitation association (VRA).

Specialising in the areas of acquired brain injury, pain & fatigue management, long covid and mental health. Highly experienced offering vocational rehabilitation for individuals, employers and associated professionals.

### Experience

*2013 - Present*

**Independent Occupational Therapist & Vocational Consultant**

• **Professional Adviser** • **Achieve rehab**

- Acting as a professional consultant for companies and/or individuals regarding employment and health matters.

- Supporting adults/employers to explore a vocational path either by returning to work, sustaining job roles or exploring new avenues with carer redirection.

- Bespoke training to employers, care agencies, training providers and nursing homes regarding health and wellbeing.

*2023 – Present*

**Clinical Specialist Occupational Therapist • Chronic Pain & Fatigue Management • Buckinghamshire Healthcare NHS Trust**

- A multidisciplinary team delivering individual and group programmes across the Buckinghamshire area following illness or injury.

*2022 – 2023*

**Advanced OT • Post Covid Rehabilitation Service • Buckinghamshire Healthcare NHS Trust**

- Establishing and setting up a post covid rehabilitation service across various service level providers.

- Delivering individual and group therapy programme, leading with the vocational therapy and rehabilitation.

*2020 – 2023*

**Case Manager • Vocational Case Manager • Bush & Co**

- Working with individuals following trauma to understand the issues and establish a rehabilitation pathway. Over coming challenges and

breaking down barriers to employment, education, training and meaningful activity.

2009 – 2021

**Community Neurological Occupational Therapist • Working Out Vocational Programme • Buckinghamshire Healthcare NHS Trust**

- Assessment of vocational needs of persons with acquired brain injury as part of an interdisciplinary team.
- Provide specialist rehabilitation programmes to enhance / maximise vocational potential
- Working Out was recognised as an example of good practice by the NHS, Social Services Departments and Job Centre Plus, winning the Nye Bevan NHS Modernisation Award 2000 in the South-East Region, cited as 'Outstanding' on CQC inspection (2019).

My practice has focused on vocational rehabilitation and in 2020 I was one of three finalists in the 'Practitioner of the Year' category for the Vocational Rehabilitation Association, in addition to the 'Team' category.

## Key skills

## Communication

Personalised Care

Creative

Embraces Change

Utilises New Technologies

Dynamic working

Bespoke training

I am an enthusiastic Occupational Therapist with a creative mindset which embraces change and new technologies. I view myself as a specialist vocational consultant working dynamically to support individuals and employers in a variety of contexts and environments.

I am active with my continuing professional development as it enhances my practice. An article written in collaboration with colleagues includes [Common challenges in returning to work after brain injury](#)

In 2022 I joined the research team in the largest vocational clinical study within the UK, with NIHR funding, for further details: [ROWTATE - Home](#)

## Personal Interests

I have a keen interests in the arts, attending shows, spending time with friends and family. In addition to this I often take on small project, learning new skills and making decorative items to order as gifts for family and friends.

## References

Available on request.