

# Amanda Salter

## Occupational Therapist & Vocational Consultant

### Contact

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07788675801

www.achieve-rehab.co.uk

### Education

Coventry University  
2000 – 2003  
BSc (Hons)  
Occupational Therapy  
2:1

Sheffield Hallam University  
September 2021  
Advancing Neurological  
Practice  
Masters Module Pass

### Professional Qualifications

PRPP Occupational  
performance

Motivational Interviewing

Coaching Experience

### Objective

Working across the NHS and private practice for 20 years, Health Care Professions Council (HCPC) registered and professional member of the vocational rehabilitation association (VRA).

Specialising in the areas of acquired brain injury, pain & fatigue management, long covid and mental health, highly experienced and skilled offering vocational rehabilitation for individuals, employers and associated professionals.

### Experience

2013 - Present

#### **Independent Occupational Therapist & Vocational Consultant**

##### **• Professional Adviser • Achieve rehab**

- Acting as a professional consultant for companies and/or individuals regarding employment and health matters.
- Supporting adults/employers to explore a vocational path either by returning to work, sustaining job roles or exploring new avenues with carer redirection.
- Bespoke training to care agencies, training providers and nursing homes in relation to acquired brain injury.

2023 – Present

#### **Clinical Specialist Occupational Therapist • Chronic Pain & Fatigue Management • Buckinghamshire Healthcare NHS Trust**

- Delivering individual and group programme pain and fatigue services across the Buckinghamshire area

2022 – 2023

#### **Advanced OT • Post Covid Rehabilitation Service • Buckinghamshire Healthcare NHS Trust**

- Establishing and setting up a post covid rehabilitation service which is multidisciplinary across various service level providers.
- Delivering individual and group therapy programme, leading with the vocational therapy programme

2020 – 2023

#### **Case Manager • Vocational Case Manager • Bush & Co**

- Working closely with individuals to understand the issues and the ability to engage in rehabilitation. Over coming challenges and

breaking down barriers to employment, education, training and meaningful activity.

2009 – 2021

**Community Neurological Occupational Therapist • Working Out Vocational Programme • Buckinghamshire Healthcare NHS Trust**

- Assessment of vocational needs of persons with acquired brain injury as part of an interdisciplinary team
- Provide specialist rehabilitation programmes through a coordinated pathway to enhance vocational potential
- Working Out was recognised as an example of good practice by the NHS, Social Services Departments and Job Centre Plus, winning the Nye Bevan NHS Modernisation Award 2000 in the South-East Region, cited as 'Outstanding' on CQC inspection (2019).

My practice has focused on vocational rehabilitation and in 2020 I was one of three finalists in the 'Practitioner of the Year' category for the Vocational Rehabilitation Association, in addition to the 'Team' category.

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**Key skills**      **Communication**

Creative	I am an enthusiastic Occupational Therapist with a creative mindset which embraces change and new technologies. I view myself as a specialist vocational consultant working dynamically to support individuals and employers in a variety of contexts and environments.
Embraces Change	
Utilises New Technologies	
Dynamic working	I am active with my continuing professional development as it enhances my practice. A recent article written in collaboration with colleagues includes <a href="#">Common challenges in returning to work after brain injury</a>
Bespoke training	
Personalised Care	In 2022 I joined the research OT team within Return to work after major trauma study ( <a href="#">ROWTATE - Home</a> ) the largest vocational clinical study with NIHR funding within the UK.

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**Personal Interests**

I have a keen interests in the arts, attending shows and comedies, spending time with friends and family. In addition to this I often take on small projects making decorative items to order as gifts for family and friends.

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**References**

Available on request.